



## Welcome

Dear Parents.

Welcome to the new academic year 2014-2015. I hope you all had a wonderful vacation. The children have done amazingly well these past few weeks and I am so pleased to see such settled and confident students. We have had a few tears but this is all part of the settling in period and quite common. They are engaging in their activities and following routines with ease. Long may it continue!

Eid Mubarak!

*Patrice Radi*

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## Healthy Lunchboxes

Rainbow Valley Nursery is a **'Nut Free Zone/Health Promoting School'**.

Please note that the children's lunch boxes should be as healthy as possible. Suggested items include small sandwiches, humous, yogurt pots, fruit and vegetables, fruit drinks and a small biscuit. Here's a lovely link on how to make your children's lunch boxes more interesting and tasty.

Nuts of any type are not allowed in the school so please be careful when choosing items of food for your children. Nut allergies are quite common and we do have children who will have a severe reaction if exposed to these products.

Thanks for your continued support in this matter.

## Curriculum

Our topic on **'Ourselves'** has now finished and the children are now enjoying the activities based on 'Food' It was great to see the children talk about themselves and their families and we loved their baby and family pictures. Their new topic on Food has just started and already the children are having such fun, tasting various foods and finding out where they come from. Maybe they will be surprised to find out that food doesn't just come from the supermarket!!!

The children have also been celebrating Eid and have made some lovely cards for you. Enjoy!

## Park Visits.

The children from the Stargazers and the Clouddriders are now visiting the park on a daily basis. We normally leave the school at around 9am. Please ensure that your child is dropped off before this. For Health and Safety reasons, drop off at the park should not be done. We are finding that the numbers going and coming back can change quickly and this puts the children at risk.

The Moonwalkers will be joining the others on a more regular basis and when the weather is a bit cooler, the babies will also have a schedule for the park.

## Monkeynastix

Monkeynastix is a music and movement programme designed to help children with their co-ordination and fitness. We do Monkeynastix in the school every Sunday for children above the age of two years.

## Website and Facebook

We will be launching our new website next week. Please have a look. We would also appreciate if you could like us on Facebook

<https://www.facebook.com/Rainbow.Valley.Nursery>

## Health

There has been an increased amount of sick children this term. This has been mainly due to viruses. Please ensure that you keep your child at home if you suspect your child is unwell. This will help to prevent a further spread of illness throughout the school.

## Reminders

- 1. School will be closed Sunday 5<sup>th</sup> Oct and Monday 6<sup>th</sup> October to celebrate Eid Al Adha and Arafat Day.*
- 2. All clothes and water bottles should be labeled.*

## Arriving on time

Please ensure that your child arrives at school no later than 8.30am. Late drop off means that your child misses out on important singing/registration and playing time.

## Pick Up

Thank you for adhering to the pick-up times. The children do anticipate this and can become upset if Mum or Dad are late.

If you are running late, please phone the school as soon as possible in order for us to ensure that the appropriate child-staff ratio is in place.

## Gallery

